

Nagaland

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Bamboo Shoot processing

The taste-buds enlivening bamboo shoot has come a long way in the dietary habits of the people of Nagaland, which is seen as a preferred food ingredient in most South East Asian countries as well. It can be consumed in both raw and processed form. The demand of bamboo shoot products is increasing worldwide. Bamboo shoot with a Protein content of 1.49 to 4.04g in 100g of fresh shoots, rank highest among vegetables in protein content. The NBDA is working towards promotion of livelihood through production of processed bamboo shoot.





The Agency identified 14 edible bamboo species available in the State and involved 4 FPOs in marketing of semi-processed bamboo shoot having a potential to market 150 MT annually. Around 40 MT of semi-process bamboo shoot marketed till date after intervention of NBDA. Annually around 1250 MT of bamboo shoot is estimated to be consumed locally. The Agency mobilised on the key areas of imparting training and skill up-gradation on areas including: Selection of species, harvesting the shoots (Principle and Practice), Post-harvest handling, Inspection and preliminary Processing, Processing equipment and Machinery, Pre-processing and Packaging and marketing. Through this, the farmers are directly benefited during and the members of the Self Help Groups are able to sustain their livelihood. Most of the people involved in this secondary activity are the womenfolk, comprising mainly of the housewives. They are able to augment the basic economy of their families and also train and involve even the younger lot in the village community. Employment generated is about 60 Nos. The development and promotion of this edible attribute of bamboo with the involvement of experts and Self Help Groups by the Agency is seen as a successful venture through the intensified production bamboo shoot pickle. At present four Self Help Groups are actively involved in bamboo shoot pickle processing alone. More groups and individuals are also involved though out the State in production and harvesting of fresh bamboo shoots. However, a concrete marketing strategy is yet to be devised by the Agency although some trial runs have been successfully carried out. Production of bamboo shoot is seasonal but the demand is very high year-round and can be a game changer in improving the economy of the State as this activity can be taken up in almost every district.